

# 2025 PARO AWARD RECIPIENTS



**PARO**

Inspired by our love of medicine

## EXCELLENCE IN CLINICAL TEACHING AWARDS

The Clinical Teaching Awards acknowledge the essential role that good clinical teachers play in the training of physicians. Residents are asked to outline the qualities that make their nominee an excellent teacher including patient care, quality of bedside teaching, and interest in the trainees' personal development and well-being.

*The 2025 Recipient are:*

### **McMaster University**

Dr. James Yan  
Department of Surgery

### **NOSM University**

Dr. Valerie Nicholls  
Department of Psychiatry

### **Queen's University**

Dr. Akshay Rajaram  
Department of Family Medicine

### **University of Ottawa**

Dr. Adam Jones-Delcorde  
Department of Emergency Medicine

### **University of Toronto**

Dr. Farshad Nassiri  
Department of Surgery

Dr. Yashesh Patel

Department of Medicine

### **Western University**

Dr. David Plemel  
Department of Ophthalmology

## LOIS H. ROSS RESIDENT ADVOCATE AWARD

This award is given to one individual each year, at any site, who consistently advocates on behalf of residents and resident issues, within their role as an administrator or program coordinator.

*The 2025 Recipient is:*

### **Ms. Debbie Hall**

Psychiatry  
University of Ottawa

## DR. ROBERT CONN RESIDENT ADVOCATE AWARD

This award is given to one individual each year, at any site, who consistently advocates on behalf of residents and resident issues, within their role as a clinician or teacher.

*The 2025 Recipient is:*

### **Dr. Julie Ann Van Koughnett**

General Surgery  
Western University

## RESIDENCY PROGRAM EXCELLENCE AWARD

This award is given to one Program in the province that consistently provides an exceptionally positive and rewarding experience to residents, while producing physicians who are expertly trained to care for their patients.

*The 2025 Recipient is:*

### **Queen's University Core Internal Medicine**

## RESIDENT TEACHING AWARDS

The Resident Teaching Awards honour residents who have provided outstanding clinical teaching experiences to junior housestaff and clinical clerks.

*The 2025 Recipient are:*

### **McMaster University**

Dr. Jocelyne Beelen  
PGY2 Family Medicine

### **NOSM University**

Dr. David Seligman  
PGY4 Orthopaedic Surgery

### **Queen's University**

Dr. Arunima Soma Dalai  
PGY5 Infectious Diseases

### **University of Ottawa**

Dr. Alexandra Wudwud  
PGY5 Emergency Medicine

### **University of Toronto**

Dr. Austin Pereira  
PGY5 Ophthalmology

Dr. Jaime Cazes

PGY5 Neurology

### **Western University**

Dr. Adam Forster  
PGY5 Nephrology

## CITIZENSHIP AWARDS FOR MEDICAL STUDENTS

The Citizenship Awards recognize medical students who, in addition to maintaining an adequate academic standing, have made significant contribution towards improving the general welfare of fellow medical students.

*The 2025 Recipient are:*

### **McMaster University**

Ms. Megan Brookbank

### **NOSM University**

Ms. Claire Poulin

### **Queen's University**

Mr. Liam Rautu

### **University of Ottawa**

Ms. Zoe Tsai

### **University of Toronto**

Ms. Heather Jianbo Zhao  
Ms. Natasha Verhoeff

### **Western University**

Ms. Lina Ghattas